

REGISTRATION: Tuesday, April 23, 2024 at 8:30 a.m.

GENERAL INFORMATION/POLICIES

OLLI annual memberships run from September 1 through August 31. Prorated memberships are \$40.

Monthly Meetings

Members enjoy ten monthly meetings each year that feature a speaker and a chance to socialize with other members. Guests are welcome to attend one OLLI monthly meeting at no charge.

Interest Groups

Interest groups offer a chance to meet on a regular basis with others who share a passion for a sport, social activity or specific interest. For more information, visit svsu.edu/olli.

Member Newsletter

Monthly electronic copies of *The Adventurer* and regular emails update members on OLLI programs and other SVSU activities, such as lectures, concerts and theatre productions.

Member Discounts

Classes

OLLI offers unique classes that are all about learning – but without tests, grades and homework! Classes meet at variety of times and days; there are no long-term commitments.

Travel

We offer educational and “just plain fun” day trips, multiple-day domestic and international travel opportunities with OLLI members.

Ryder Center

With proof of your OLLI membership, you can purchase a Ryder Center Membership for \$200 per year. Please contact the Ryder Center at (989) 964-4906 for current guidelines and regulations.

Locations for OLLI Classes

Each class description includes a room number; the letter that precedes the number indicates the building. **On-campus locations include:**

C - Curtiss Hall (#12 on campus map)

R - Ryder Center (#36 on campus map)

A - Arbury Fine Arts Center (#1 on campus map)

G - Gilbertson Hall, South Wing (#19 on campus map)

For a map of campus, go online to: svsu.edu/media/visit/docs/Campus_Map.pdf.

Cancellation Policy for Classes

There is a \$10 cancellation fee. The balance of the registration fee will remain as a credit on your account, or be refunded (minus the cancellation fee); if less than one week, no refund will be given. If the university is closed due to weather or other reasons, we will make every reasonable attempt to reschedule missed classes.

Cancellation Policy for Day Trips

Day trips are non-refundable unless we can fill your spot, from that trip waitlist, in which case you will receive your registration fee, minus a \$10 cancellation fee. If the university is closed due to weather or other reasons, day trips will go on as scheduled unless you are directly notified of other plans.

Weather Cancellation Policy

If SVSU is delayed or closed, the OLLI office and classes will also be delayed or closed accordingly. Missed classes may be rescheduled. Day trips will go on as planned.

Four Easy Ways to Register

You may register online at svsu.edu/olli, in person in Curtiss Hall room 201, by calling (989) 964-4475, or by mail. Payment is accepted by credit card or check. We accept Visa, Mastercard, American Express and Discover. Please do not leave any registration or credit card information on our voicemail.

Meet the SVSU OLLI Advisory Board Members

The SVSU OLLI Board consists of a team of accomplished and forward-thinking individuals; comprising a diverse group of professionals, educators, and innovators. SVSU OLLI Advisory Board members represent a dynamic blend of expertise, innovation, and commitment to excellence. Together, they form a collaborative force that drives the Osher Lifelong Learning Institute's mission that learning knows no age limit. By combining their diverse skills and perspectives, these individuals contribute to a board that not only envisions the future of learning but actively shapes it. The SVSU OLLI Advisory Board is a testament to the power of visionary leadership in continuing education.



SVSU OLLI Advisory Board Members:

Christine Eckerle

Linda Phillips

Pat Schrank

Jim Reha

Roger Spann

Beacher Pearce

Not pictured: Karen Howell

Monthly Meetings

Experience the enriching atmosphere of OLLI Monthly Meetings. Doors open at 8:45 a.m. for a prompt start at 9:30 a.m. In the elegant Curtiss Hall Banquet Rooms. These gatherings feature stimulating speakers who entertain and enlighten our members. Best of all, these monthly meetings are a complimentary benefit for OLLI members. Remember to RSVP to secure your seat!

May 8, 2024 -

Inside the Rink: Unveiling the Memorial Cup Hockey Tournament Presented by Craig Goslin



Prepare to be captivated by an exclusive presentation, led by Craig Goslin, President and Managing Partner of the Saginaw Spirit, on the highly anticipated Memorial Cup, making its way to Saginaw this May! Discover the excitement and significance of this prestigious event as we dive into its history, the participating teams, and what fans can expect during the tournament. Whether you're a passionate hockey aficionado or simply intrigued by this iconic event, this presentation promises to be an enlightening and engaging experience for all. Don't miss out on this unique opportunity to get the inside scoop on the Memorial Cup's arrival in Saginaw! Mark your calendars and join OLLI for an unforgettable journey into the heart of the game.

June 12, 2024 -

Beyond the Counter: Meijer Pharmacy's Role in Promoting Health Presented by Blake Bonkowski



Join OLLI for an enlightening presentation by pharmacist Blake Bonkowski from Meijer Pharmacy. Explore the comprehensive services and offerings provided by this trusted healthcare provider. Discover the convenience and expertise offered by Meijer pharmacists, including medication management, immunizations, health screenings, and personalized patient care. Learn how Meijer Pharmacy is dedicated to enhancing the well-being of our community through innovative healthcare solutions and compassionate service.

August 14, 2024 -

Uncorking the Art of Winemaking: Behind the Scenes at St. Julian Winery & Distillery Presented by Nancie Oxley, Vice President and Head Winemaker at St Julian Winery & Distillery



Join OLLI for an enriching presentation by Nancie Oxley, Vice President - Head Winemaker at St Julian Winery & Distillery. Immerse yourself in the captivating story of the winemaker's journey, from the educational endeavors to the mastery of winemaking techniques that have propelled St. Julian to its esteemed position in the industry. Gain valuable insights into the meticulous craftsmanship and steadfast dedication to quality that define St. Julian Winery's enduring legacy, from the vineyard to the refined glass of wine enjoyed by connoisseurs worldwide.

MULTI-DAY TRAVEL SCHEDULE

Discover our upcoming multi-day travel adventures for 2025 and 2026. As a member, you'll receive detailed trip brochures upon registration. Join us for enriching journeys, benefitting from group camaraderie. Enjoy pre-trip educational sessions, a pre-trip dinner, and post-trip gathering for connections and shared experiences. Experience expert guidance, included meals, and airport transfers from SVSU. Explore with joy and community. Attend the Travel Orientation (refer to Class 361 on Page 13) for more details.

2025 OLLI TRAVEL



Grand Tour of Spain & Portugal
March 13-25, 2025
(Go Ahead)



Grand Baltic Sea Voyage:
Includes Seven Countries- Denmark, Poland, Lithuania, Sweden, Latvia, Estonia & Finland

Grand Baltic Sea Voyage
May 15-28, 2025
(Grand Circle)



Iceland: The Golden Circle & Ring Road
July 16-26, 2025
(Go Ahead)
Trip Full



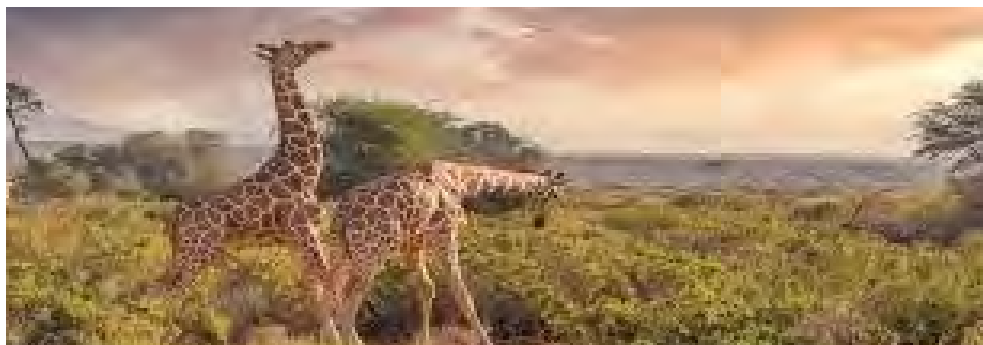
Food & Wine:
Campania, Puglia & the Amalfi Coast
October 4-14, 2025
(Go Ahead)

2026 OLLI TRAVEL

Embark on an array of captivating adventures with OLLI's 2026 multiple-day Trips travel lineup.



The Great Rivers of Europe - Travel Provider: Grand Circle Travel
Late April 2026



Kenya Wildlife Safari - Travel Provider: Go Ahead Travel
May 2026



Islands of New England - Travel Provider: Collette
July 2026



National Parks of America - Travel Provider: Collette
September 2026



Panama / Costa Rica - Travel Provider: Go Ahead Travel
October / November 2026

DAY TRIPS

Motor Coach/Day Trip Rules

PLEASE PLAN FOR A FULL DAY. Trips run approximately from 7 a.m. to 7 p.m. Trip details will be made available 48 hours in advance. Contact the OLLI office at 989-964-4475 for more information. (Please see Day Trip Cancellation Policy.)

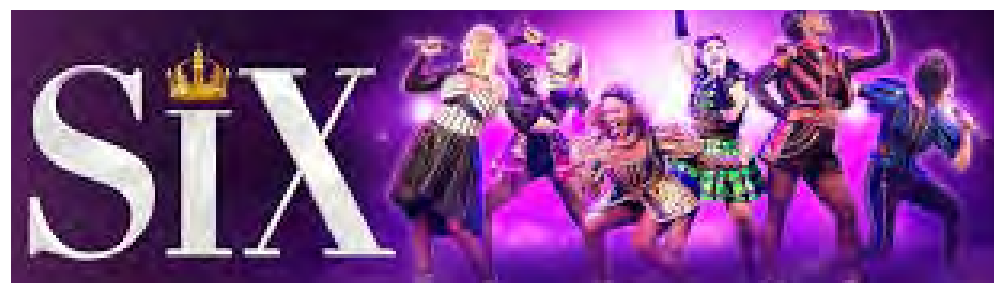
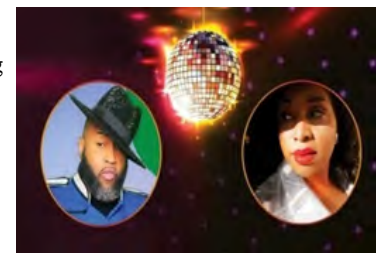
(24) *Disco Fever* at the Detroit Symphony Orchestra

Experience the electrifying energy of Orchestra Hall as you groove to the rhythms of the DSO, complete with an onstage dance-off and a medley of timeless hits including "That's the Way (I Like It)," "We Are Family," "I Will Survive," "Stayin' Alive," "The Hustle," and many more. This trip includes convenient motorcoach transportation from SVSU, tickets to the performance, and a lunch at the Caucus Club in Detroit following the show. Join us for an unforgettable day of music and dance!

Date & Time: Friday, 5/17 • 7 a.m. - 6 p.m.

Price: \$165 for members • \$185 for non-members

Included in this trip: Class (349) *Disco Dance Party Dance Lessons*
Wednesday, 5/8 • 1:30- 3 p.m.



(25) *SIX* at the Wharton Theatre

From Tudor Queens to Pop Icons, the *SIX* wives of Henry VIII take the microphone to remix five hundred years of historical heartbreak into a Euphoric Celebration of 21st century girl power. This new original musical is the global sensation that everyone is losing their head over! *SIX* won 23 awards in the 2021-2022 Broadway season, *The New York Times* says *SIX* "TOTALLY RULES!" (Critic's Pick) and *The Washington Post* hails *SIX* as "Exactly the kind of energizing, inspirational illumination this town aches for!" This trip includes motorcoach transportation from SVSU, tickets to the performance and lunch prior to the performance at Bravo Italiano.

Date & Time: Sunday, 5/19 • 7 a.m. - 7 p.m.

Register by April 29, prior to "Open to Public" Date

Price: \$ 195 for members • \$215 for non-members

DAY TRIPS

(26) *Ella First Lady of Song* at Meadow Brook Theatre

Ella, First Lady of Song traces the 60-year career of the woman Mel Torme called “the best singer on the planet.” The story of Ella Fitzgerald truly challenges the age-old saying “The show must go on.” From the Apollo Theater to the Cote d’Azur, this jazz musical covers Fitzgerald’s hardscrabble childhood to her enduring legacy in the music world and beyond. Songs include classics such as “Sweet Georgia Brown,” “A Tisket-A-Tasket,” and “It Don’t Mean a Thing (If It Ain’t Got That Swing)”. This trip includes motor coach transportation from SVSU, tickets to the performance and lunch prior to the performance at Nino’s Italian House in Auburn Hills.

Date & Time: Wednesday, 6/19 • 7 a.m. – 6 p.m.

Price: \$125 for members • \$145 for non-members

(27) Taste of Tiffany Stained Glass Workshop

This beginners level class led by OLLI Member Cheryl Revard, a stained glass enthusiast, celebrates Tiffany’s revolutionary contributions to stained glass. In this class participants will learn the intricate art of creating everlasting floral bouquets using the timeless stained glass technique inspired by the innovative works of Louis Comfort Tiffany. Participants will create this floral designed piece using the copper foil and soldering methods he pioneered in the late 19th century. No prior glass experience is necessary, all tools and materials & 6” vase will be provided. Choose one time slot below.

Date & Time:

(27a) Thursday, 5/16 • 9 - 10:30 a.m.

(27b) Thursday, 5/16 • 10:30 a.m. – 12:00 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

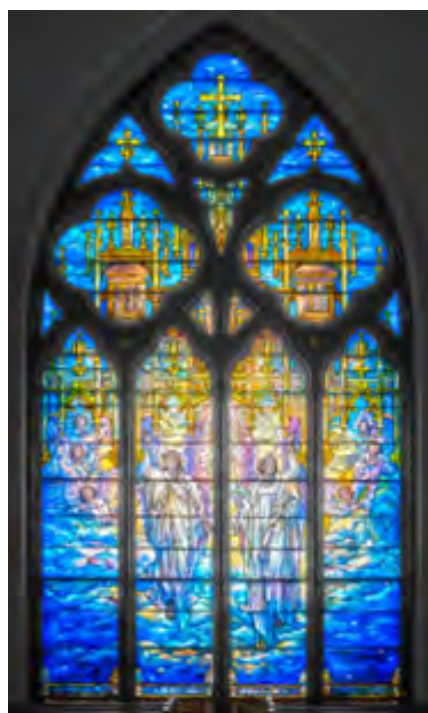
(28) The Brilliant Legacy: Exploring Tiffany Studios' Stained Glass Masterworks

Join author, photographer and architectural historian Dale A. Carlson as he discusses the Tiffany Studios stained glass window legacy and examines numerous examples within the Detroit metropolis, as well as other parts of Michigan and the United States. Carlson's lecture includes a PowerPoint presentation featuring loads of professionally photographed Tiffany installations, augmented by topical images and newspaper clippings, further elucidating the histories of numerous sites, including a trio of the midwest's top Tiffany installations at Cass Community Methodist Church of Detroit, Park Congregational Church of Grand Rapids and First Congregational Church of Toledo.

Date & Time: Thursday, 5/16 • 1 - 2:30 p.m.

Location: C 100

Price: \$15 for members • \$25 for non-members



(29) *The Woman Behind the Lamps: Noon at Tiffany's* – Book Discussion

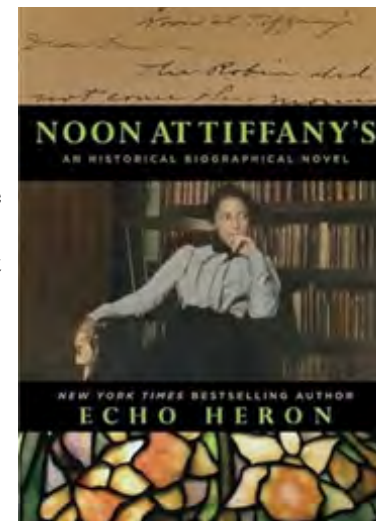
“Noon at Tiffany's” is a gripping historical novel revealing the untold story of Clara Wolcott, an audacious artist who played a pivotal role in Louis Tiffany's prestigious firm in 1888 Manhattan. Explore Clara's journey navigating Tiffany's empire and the turbulent love-hate relationship between them, against the backdrop of turn-of-the-century New York. Based on recently discovered letters, author Echo Heron blends fact and fiction to reimagine Clara's extraordinary life. Join Matthew Buckley and Michelle Strasz from Zahnow Library for a captivating book discussion. This class is included in the University of Michigan Museum of Art day trip on June 20.

***Please purchase the book independently and read before the discussion.**

Location: Roberta Allen Reading Room, Melvin J. Zahnow Library

Date & Time: Thursday, May 23 • 1 p.m. – 3 p.m.

Price: \$15 for members • \$25 for non-members



(30) *Breakfast at Tiffany's* Movie Showing at Court Street Theatre

Join us at the Court Street Theatre for a nostalgic afternoon celebrating one of Hollywood's most beloved romantic comedies. Relive the magic on the big screen with your favorite snacks – popcorn and a beverage included. You'll be transported back to the dazzling world of 1960s New York with the captivating romantic comedy “Breakfast at Tiffany's.” Enjoy the timeless charm of Audrey Hepburn's legendary performance as the enigmatic Holly Golightly, a charming socialite with a mysterious past.

Location: Court Street Theatre, 1216 Court St. Saginaw

Date & Time: Tuesday, 6/4 • 3 - 5 p.m.

Price: \$10 for members & non-members

(31) Havemeyer Tiffany Collection at University of Michigan & Architectural Walking Tour with Dale Carlson

Join OLLI for a special visit to the Havemeyer Tiffany Collection at the University of Michigan Museum of Art, featuring over 70 stunning stained glass pieces. Delve into the history and beauty of these iconic works by Tiffany, considered one of the most significant public holdings in the U.S. Plus, enjoy an Architectural Walking Tour of the University of Michigan campus led by renowned historian Dale Carlson. Explore over a century of design history, spanning from 1872 to 1953, and immerse yourself in the campus's diverse architectural styles and ornate details. Your trip package includes the collection viewing, walking tour, lunch at HopCat, and motorcoach transportation from SVSU. Included in this trip is an engaging book discussion *Noon at Tiffany's* (29) (see above).

Wear comfortable walking shoes and be prepared for stairs.

Date & Time: Thursday, 6/20 • 7 a.m. – 6 p.m.

Price: \$135 for members • \$155 for non-members



(32) City of Churches Exploring the Motor City's Houses of Worship

Explore Detroit's rich religious history with Detroit History Tours. Discover the architectural marvels and cultural significance of churches, synagogues, mosques, and temples in Detroit, Highland Park, and Hamtramck. Learn about the architects, parishioners, and community leaders who shaped these sacred spaces. This tour is focused on history, not evangelism, and includes guided tours, onsite experts, refreshment breaks, and narratives about Detroit's religious past. Visit three historic churches, experience an after-church tradition in Hamtramck, indulge in traditional Polish cuisine, and delve into the city's diverse church history. Transportation, church tours, and lunch are included. Please wear sensible footwear as stairs are involved.

Date & Time: Thursday, 6/13 • 7 a.m. - 7 p.m.

Price: \$125 for members • \$145 for non-members

(33) Nuclear Science and Sky Theater Trip for Grandparents & Grandchildren

Join us for a unique summer trip to the MSU campus exploring Nuclear Science and the Sky Theatre! Tour the National Superconducting Cyclotron Laboratory (NSCL) to uncover the secrets of the atomic nucleus and its societal benefits. Afterward, enjoy lunch at Shaw Hall cafeteria before visiting Abrams Planetarium for the "Living in Balance: Anishinaabe Star Knowledge" show, highlighting Anishinaabe stories of constellations and moons. Your trip package includes laboratory and planetarium tour, lunch, an ice cream cone from the MSU dairy store, and motorcoach transportation from SVSU. Cost includes one grandparent and one child.



Date & Time:

Tuesday, 7/30 • 7 a.m. - 7 p.m.

Price: \$80 for members \$100 for non-members

(34) What Springs Forth at the Purple Rose Theatre in Chelsea

Join us for a fun day out at the Purple Rose Theatre in July! We've reserved tickets for the "What Springs Forth" performance, a hilarious story about three middle-aged women navigating unexpected challenges at a wilderness survival camp. Before the show, we'll enjoy lunch at the Uncommon Grill. Your trip includes motorcoach transportation from SVSU, performance tickets, and lunch. *Contains adult language and subject matter.



Date & Time:

Wednesday, 7/17 * 7 a.m. - 6 p.m.

Price: \$150 for members • \$170 for non-members

(35) Music of Elvis with Frankie Moreno at the Detroit Symphony Orchestra

Get ready for Frankie Moreno to leave you "All Shook Up" as he becomes King for an afternoon with the Detroit Symphony Orchestra. As a singer, songwriter, and showman, Frankie Moreno will perform a thrilling tribute to the music and legacy of Elvis Presley. Don't miss this powerful celebration of the King of Rock! This trip includes motorcoach transportation from SVSU, tickets to the performance and lunch following the performance at Fishbone's in Detroit.



Date: Friday, 7/26 • 7 a.m. - 6 p.m.

Price: \$145 for members • \$165 for non-members

(36) Aquatic Adventure in Muskegon: Submarines, Ships & Lake Cruising

Discover Muskegon's rich naval history on this aquatic adventure! Begin at the USS Silversides Submarine Museum, delving into the world of World War II submarines with behind-the-scenes tours and exhibits. After a delicious lunch at Docker's Fish House, visit the USS LST 393, a historic warship museum boasting three battle stars from World War II. Restored to its "D-Day Gray" glory, the ship offers insights into sailors' living conditions and technology. Conclude with a 90-minute narrated cruise on Muskegon Lake and Lake Michigan, uncovering the area's history and natural wonders. This immersive experience includes transportation, museum admissions, lake cruise, engaging book discussion *The War Below* (37), and lunch. **Please note: Access to ship decks involves stairs/ladders; contact OLLI office for mobility concerns.**

Date & Time: Thursday, 8/15 • 7 a.m. - 6 p.m.

Price: \$165 for members • \$185 for non-members

**(37) The War Below - Book Discussion**

Join OLLI Member Jim Reha for a gripping book discussion on *The War Below*, which vividly recounts the heroic and tragic stories of the U.S. submarine force during World War II. The book focuses on three renowned submarines - Silversides, Drum, and Tang - and their pivotal role in the Pacific theater.

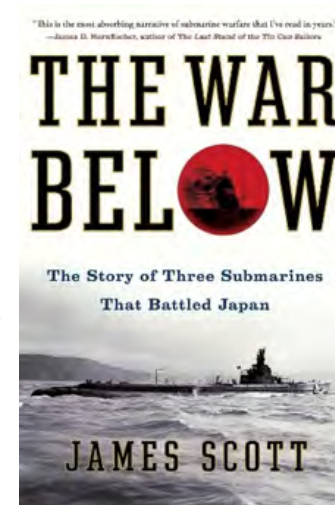
Award-winning journalist James Scott recreates the camaraderie, excitement, and terror experienced by submariners through meticulous research and firsthand accounts. Don't miss this insightful discussion prior to our visit to Muskegon on August 15.

***Please purchase the book independently and read before the discussion.**

Date & Time: Wednesday, 8/7 • 10 a.m. - 12 p.m.

Location: C 140

Price: \$15 for members • \$25 for non-members

**(38) Tuesday's with Morrie at Victoria Playhouse**

A Life Altering Friendship, *Tuesdays with Morrie* is the heartwarming true story of Mitch Albom and his former college professor, Morrie Schwartz. The two embark on a series of Tuesday meetings that explore life's most important lessons of love, family, and the meaning of life. Written by Jeffrey Hatcher and Mitch Albom. This trip includes motorcoach transportation from SVSU, tickets to the performance and lunch at Crabby Joes. **You MUST BRING either an "enhanced driver's license" or your passport to cross the U.S./Canada border by motorcoach.**



Date & Time: Thursday, 8/8 • 7 a.m. - 6 p.m.

Price: \$160 for members • \$180 for non-members

ARTS & CRAFTS



(301) Your Own Creations with Clay

Are you captivated by the art of pottery, longing to try your hand at the potter's wheel? Join us in this class where you'll unlock the secrets of clay crafting. Discover simple forming techniques, master the art of using the potter's wheel to shape ceramic wonders, and delve into the world of glazes and firing methods, including the mesmerizing Raku technique. No prior experience is required; all you need are a few basic tools (provided) and your hands brimming with creativity. The class fee covers materials including glaze materials, firing, and clay, ensuring a fulfilling journey into the realm of pottery.

Class Minimum: 7 • Class Maximum: 15

Date & Time: Mondays & Fridays, 5/6, 5/10, 5/13, 5/17, 5/20, 5/24, 5/31 • 9 a.m. - 12 p.m.

Instructor: Sara Clark, SVSU Studio Art Technician

Location: A 119

Price: \$125 for members • \$145 for non-members



(302) Joy of Painting

Unlock your inner artist and create your very own Bob Ross-style masterpiece in just one day! Join Ted Simpson, a certified Bob Ross instructor, as he guides you through the process of painting "happy trees" and "fluffy little clouds." No previous painting experience is required – everyone will leave the class with a completed painting to cherish. All necessary supplies to craft your unique canvas are included in the cost of the class. Don't miss this opportunity to unleash your creativity and bring home a work of art!

Class Minimum: 15 • Class Maximum: 20

Instructor: Ted Simpson

Date & Time: Thursday, 5/16 • 10 a.m. - 12 p.m.

Location: A 107

Price: \$90 for members • \$110 for non-members



(303) Cards and Crafts with Pat

Unleash your creativity and join us for an exciting OLLI Cards and Crafts class with the talented Pat Schrank! Dive into the world of handmade cards and crafts as Pat shares her expertise and passion for creating beautiful, personalized pieces. Whether you're a seasoned crafter or a newcomer, this class welcomes all skill levels. Bring scissors and a ruler.

Class Minimum: 5 • Class Maximum: 20

Instructor: Pat Schrank

Date & Time: Tuesday, 5/21 • 1 - 3 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(304) Basket Making

Join OLLI and make a beautiful and practical basket. There will be two single-day classes. Participants pay a \$35 supply fee (cash or check only) to the instructor for each class. **Class Maximum 10**



(304a) Remote Basket

8.5 x 6 inches and 7 inches high

Instructor: Sue Collins

Date & Time: Thursday, 5/23 • 12:30 - 4:30 p.m.

Location: G 115

Price: \$20 for members • \$40 for nonmembers



(304b) Square Tissue Basket with feet

6 x 6 inches and 7 inches high

Instructor: Sue Collins

Date & Time: Thursday, 7/25 • 12:30 - 5:30 p.m.

Location: G 115

Price: \$20 for members • \$40 for nonmembers

(305) Tour of Marshall M. Fredericks Sculpture Museum at SVSU

Explore the Marshall M. Fredericks Sculpture Museum and the Jo Anne and Donald Peterson Sculpture Garden, featuring over 200 sculptures spanning Fredericks' 70-year career. Join us for two sessions: Session One (6/26) explores the main exhibit gallery, while Session Two (7/10) guides you through the captivating sculpture garden.

Class Minimum: 5 • Class Maximum: 25

Instructor: MFSM Staff

(305a) Date & Time: Wednesday, 6/26 • 1 - 2:30 p.m.

(305b) Date & Time: Wednesday, 7/10 • 1 - 2:30 p.m.

Location: MFSM Lobby

Price: \$20 for members per session • \$40 for non-members per session

(306) Blooming Creations: Design a Floral Sign

Join OLLI for a craft class and create your own artificial flower sign! Learn to craft stunning floral arrangements step-by-step using artificial flowers, foliage, and decorations. Whether a seasoned crafter or new to the DIY, enjoy a fun and relaxing environment to unleash creativity and brighten any space.

Instructor: Heather O'Hearn, OLLI Manager

Class Minimum: 5 • Class Maximum: 20

Date & Time: Tuesday, 6/11 • 4 - 6 p.m.

Location: C 129

Price: \$40 for members • \$60 for non-members

(307) Macrame

Unveil the art of macramé in our 4-week class, tracing its roots back to the 1300s and its revival in 1970s American culture. Experience a sense of nostalgia as you craft 2-3 projects, with all materials provided for your creative journey. Join us for a unique and vintage-inspired crafting experience!

Class Minimum: 5 • Class Maximum: 15

Instructor: Melanie Kratz

Date and Time: Wednesdays, 5/15, 5/22, 5/29, 6/5 • 3 - 4 p.m.

Location: C 181

Price: \$45 for members • \$55 for non-members



(308) Bookbinding for Beginners

Learn the bookbinding basics, and leave class with a softcover stab bound book and a hardcover accordion style book. You'll get to choose your own colored thread and decorative covers to make them truly unique.

Class Minimum: 5 • **Class Maximum:** 25

Instructor: Katie Mielens

Date & Time: Wednesday, 7/24 • 4 - 6 p.m.

Location: Saginaw Art Museum, 1126 N Michigan Ave, Saginaw

Price: \$30 for members • \$50 for non-members

**(309) Rock Art Cafe**

Engage in the joy of rock painting projects and crafting with painted rocks. This is a delightful avenue for creative expression and meditative artistry. Join OLLI for a rejuvenating day of painting rocks, fostering relaxation and fun. Whether adorning your garden with your creations or gifting them to a friend, this class promises satisfaction and enjoyment. Complimentary coffee and tea will be available to enhance your experience.

Class Minimum: 5 • **Class Maximum:** 25

Instructor: Sue Smith

Date & Time: Wednesday, 8/7 • 1 - 3 p.m.

Location: C 129

Price: \$25 for members • \$45 for non-members

**(310) Crafting Glass Succulents**

Discover the art of crafting exquisite glass succulents using an array of materials, from beach glass to sea glass, stained glass, and fire glass. Under the guidance of a skilled instructor, this immersive workshop offers a hands-on experience, leading participants through each stage of creating one-of-a-kind glass succulents. From conceptualization to assembly, unlock the secrets of designing and crafting these captivating botanical sculptures. This project includes three succulents with a wooden tray.

Class Minimum: 10 • **Class Maximum:** 25

Instructor: Tammy - Jeniuel Waton

Date & Time: Monday, 8/19 • 1 - 3 p.m.

Location: C 129

Price: \$48 for members • \$68 for non-members

CURRENT TOPICS

(311) Saginaw Area LGBTQ

Join us to explore the LGBTQ+ history of the Saginaw Valley, from secrecy to legal recognition since March 2023. Celebrate Pride Month in June by honoring the resilience and contributions of LGBTQ+ individuals, groups, and allies. Come learn, reflect, and honor diverse voices that have shaped acceptance and understanding.

Class Minimum: 5 • **Class Maximum:** 25

Instructor: Leo Romo, retired teacher, father and LGBTQ activist

Date & Time: Monday, 6/10 • 10 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

FITNESS

All OLLI members and non-members taking a fitness class **MUST** obtain a Ryder Center identification card. This I.D. is separate from your OLLI membership card. Please get a card at the desk. **Users must enter through the Fitness Center south recreation entrance off Lot R.**

(312) Healthy Traveler

Enhance your travel adventures with our meticulously crafted walking fitness course. Refine walking techniques, build conditioning, and boost stamina. Enroll now and get ready to embark on your next journey with confidence! Find this course listed under the Travel & Adventure section as well.

Instructor: Katherine Resseguie

Date & Time: Tuesdays & Thursdays, 5/7, 5/9, 5/14, 5/16, 5/21, 5/23, 5/28, 5/30, 6/4, 6/6, 6/11, 6/13, 6/18, 6/20, 6/25, 6/27, 7/9, 7/11, 7/16, 7/18, 7/23, 7/25, 7/30, 8/1, 8/6, 8/8, 8/13, 8/15, 8/20, 8/22, 8/27, 8/29 • 8:00 - 9:45 a.m.

Location: Ryder Fitness Center Track

Price: \$30 for members • \$50 for non-members

(If registered for an OLLI multiple day trip in 2024 or 2025, fee is waived; call the OLLI office to register).

(313) Vitality Flow: Yoga for Wisdom & Wellness

Experience a rejuvenating yoga class tailored to embrace the wisdom of experience and nurture overall well-being. Join OLLI for a specially curated session designed to promote flexibility, strength, and mindfulness. Delve into gentle movements, breathing exercises, and relaxation techniques in a welcoming environment, where every participant can thrive and connect with their inner balance.

Instructor: Katherine Resseguie

Class Minimum: 5 • **Class Maximum:** 20

Date & Time:

(313a) Tuesdays, 5/7, 5/14, 5/21, 5/28 • 11:15 a.m. - 12 p.m.

(313b) Tuesdays, 6/4, 6/11, 6/18, 6/25 • 11:15 a.m. - 12 p.m.

(313c) Tuesdays, 7/9, 7/16, 7/23, 7/30 • 11:15 a.m. - 12 p.m.

(313d) Tuesdays, 8/6, 8/13, 8/20, 8/27 • 11:15 a.m. - 12 p.m.

Location: R 244

Price: \$25 for members per session • \$45 for non-members per session

(314) Healthy Moves: Energize Your Body & Mind

Join us for a revitalizing class focused on low-impact exercises, stretching, and relaxation techniques to boost energy, flexibility, and reduce stress. Suitable for all levels, this class offers a supportive environment to prioritize your well-being. No equipment needed—just bring yourself!

Class Minimum: 5 • **Class Maximum:** 20

Instructor: Katherine Resseguie

Date & Time:

(314a) Thursdays, 5/9, 5/16, 5/23, 5/30 • 11:15 a.m. - 12 p.m.

(314b) Thursdays, 6/6, 6/13, 6/20, 6/27 • 11:15 a.m. - 12 p.m.

(314c) Thursdays, 7/11, 7/18, 7/25, 8/1 • 11:15 a.m. - 12 p.m.

(314d) Thursdays, 8/8, 8/15, 8/22, 8/29 • 11:15 a.m. - 12 p.m.

Location: R 244

Price: \$25 for members per session • \$45 for non-members per session



(315) Senior Strength Training

This class caters to beginners and individuals already engaged in strength training who seek an exhilarating group experience to elevate their fitness journey. Expect dynamic variations to familiar exercises, promising an engaging and effective workout that will leave you with a stronger physique and a smile on your face. Get ready to level up your strength training in a fun and supportive environment!

Class Minimum: 15 • Class Maximum: 25

Instructor: Katherine Resseguie

Time: 10 - 11 a.m.

(315a) Session 1: Dates: Tuesdays & Thursdays, 5/14, 5/16, 5/21, 5/23, 5/28, 5/30

(315b) Session 2: Dates: Tuesdays & Thursdays, 6/4, 6/6, 6/11, 6/13, 6/18, 6/20

(315c) Session 3: Dates: Tuesdays & Thursdays, 7/9, 7/11, 7/16, 7/18, 7/23, 7/25

(315d) Session 4: Dates: Tuesdays & Thursdays, 7/30, 8/1, 8/6, 8/8, 8/13, 8/15,

(315e) Session 5: Dates: Tuesdays & Thursdays, 8/20, 8/22, 8/27, 8/29, 9/3, 9/5

Location: Aux Gym

Price: \$40 for members per session • \$60 for non-members per session

(316) Let's Stretch

Yearning for your flexibility? Join us for an hour of fun with friends, awakening dormant muscles and learning dancer-approved methods to regain flexibility. All body types welcome in this low impact, self-paced session. Rejuvenate your body in a safe, supportive environment!

Instructor: Melanie Kratz

Date & Time: Wednesdays, 5/15, 5/22, 5/29, 6/5 • 1 - 2 p.m.

Location: C 181

Price: \$40 for members • \$60 for non-members

FOOD AND WINE**(317) Pretzel Rolling Class and Lunch**

Join OLLI for a German baking experience with the Bavarian Inn team. Learn to roll pretzels and enjoy a hearty lunch while they bake. Plus, explore the Bavarian Inn Glockenspiel Tower with its 35-bell carillon and beautiful figurine movement imported from Germany!

Class Minimum: 20 • Class Maximum: 40

Instructor: Bavarian Inn

Date & Time: Monday, 5/13 • 10:30 a.m.- 12:30 p.m.

Location: 1 Covered Bridge Ln, Frankenmuth, MI 48734

Price: \$45 for members • \$65 for non-members

**(318a) OLLI in the Kitchen: Cooking for One**

Do you find cooking for one, or even two, to be challenging or monotonous? Join OLLI in the Kitchen to discuss techniques to easily add variety to your meals at home. We will be on our feet and moving around the kitchen during this course. Lunch is included.

Class minimum 5 • Class Maximum 10

Date & Time: Wednesday, 8/28 • 10 a.m. - 1 p.m.

Instructor: Linda Phillips

Location: Memorial Park Building, 150 Park St., Freeland

Price: \$50/session for members • \$70/session for non-members

(318b) OLLI in the Kitchen: Mini Cheesecake Workshop

Learn to craft a variety of mini cheesecakes from a single base batter, including fruit-topped, almondine, and chocolate variations. Make-ahead and freeze for easy entertaining. Enjoy samples during the session and take home your own assortment. Stay active in the kitchen throughout the workshop. **Class minimum 5 • Class Maximum 10**

Date & Time: Wednesday, 8/28 • 2 - 4:30 p.m.

Instructor: Linda Phillips

**Location: Memorial Park Building,
150 Park St, Freeland**

Price: \$50/ session for members • \$70/session for non-members

(319a) WINE 101: Rare and Unusual Grapes

Furmint, Tannat, Treixadura? Never heard of them? No worries! We'll taste several wines made from unfamiliar varietals and learn a bit about where they come from. As you taste, you may find similarities to grapes you already know and love, as well as new and interesting flavors you've not tasted before. **Class minimum 5 • Class Maximum 15**

Date & Time: Monday, 5/20 • 4 - 6 p.m.

(319b) WINE 101: Chillin' and Grillin'

From crisp porch pounding refreshers to reds that will stand up to your smokiest, tangiest BBQ, we'll explore an array of perfect summertime wines.

Class minimum 5 • Class Maximum 15

Date & Time: Monday, 6/24 • 4 - 6 p.m.

Instructor: Ann Puszykowski, Territory Manager Mid-Michigan, Bay Region, Woodberry Wine

Location: Nino's Family Restaurant, 1705 Columbus Ave, Bay City

Price: \$65 for members per session • \$85 for non-members

(320) The Art of Making a Charcuterie Board

Master the craft of creating a delectable and visually stunning Charcuterie Board with OLLI. Join us as we assemble a mouthwatering spread that you can easily recreate for any occasion or gathering. All necessary supplies will be provided. Come and indulge your taste buds! **Class minimum 5 • Class Maximum 15**

Instructor: Heather O'Hearn

Date & Time: Monday, 8/5 • 4 - 6 p.m.

Location: C 129

Price: \$70 for members • \$90 for non-members

**GAMES****(321) Beginning Bridge from Scratch**

Are you ready to learn how to play bridge? Whether you are just starting, returning to the game or wanting to "test the waters" before playing, sign-up for this class for hands-on learning.

Class minimum 5 • Class Maximum 15

Instructor: Bruce Pynonen

Date & Time: Fridays, 5/10, 5/17, 5/24, 5/31, 6/7, 6/14, 6/21, 6/28 • 9:30 - 11:30 a.m.

Location: C 129

Price: \$130 for members • \$150 for non-members

GEOGRAPHY**(322) Portugal: Land of Port and Cork**

Discover the rich history and cultural significance of two iconic Portuguese products, Port Wine and Cork, with OLLI. Explore their geographical, historical, and cultural backgrounds, including their economic influence, manufacturing techniques, and global relevance. Embark on a captivating journey into Portuguese traditions and industries in this engaging class. **Class minimum: 5 • Class Maximum: 30**

Instructor: Betsy Pierce

Date & Time: Tuesday, 5/14 • 1 - 3 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(323) Reflective Conversation: Land Acknowledgements, Monuments, and You

This presentation will start by exploring Native American land acknowledgements and the cultural importance of monuments to different cultures. We will learn about the land we live and work on as well as an overview of representation. After a brief presentation, participants will engage in a facilitated, reflective conversation about the presentation where they will be able to learn from each other's lived experiences and ask questions.

Class minimum 5 • Class Maximum 30

Presented by: Megan McAdow, Director of the Marshall M. Fredericks Sculpture Museum, Ashley Ross, Associate Director of Collections & Impact and

Dr. Nathan Tomson, Director of Residential Life

Date & Time: Monday, 5/6 • 3 - 4:30 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

HEALTH & WELLNESS

(324) Finding Relief from Carpal Tunnel Pain

More than 8 million people are affected by carpal tunnel syndrome each year. Symptoms vary, but can include decreased hand strength and coordination, complaints of numbness and tingling in the hand, burning sensation, and/or swelling. While severe cases may require surgery, relief can usually be found through more conservative methods such as occupational therapy. Join us to hear Certified Hand Therapist Christine Clements explain potential causes for carpal tunnel syndrome, and ideas to help you find relief. *Class minimum 5 • Class Maximum 30*

Instructor: Christine Clements, OTRL, CHT

Date & Time: Tuesday, 5/14 • 11 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(325) Kick the Sugar Habit!

Unlock the secrets to conquering your sugar cravings with certified health coach, Alina Warner. Discover the underlying reasons behind your sugar cravings and gain insight into how to regain control. Learn how to master your cravings and break free from the sugar cycle while still enjoying the sweetness of life. Don't miss this opportunity to take charge of your health and wellness journey! *Class minimum 5 • Class Maximum 20*

Instructor: Alina Warner

Date & Time: Wednesday, 5/15 • 10 - 11:30 a.m.

Location: C 129

Price: \$20 for members • \$40 for non-members



(326) Simple Meal Planning

Break free from hunger-driven snacking with our Simple Meal Prep Workshop! Learn to make delicious, nutritious meals packed with protein, healthy fats, and carbs. Master meal prep techniques, create wholesome snacks, and take control of your kitchen. Say goodbye to pantry raids and hello to healthier eating habits! *Class minimum 5 • Class Maximum 20*

Instructor: Alina Warner

Date and Time: Monday, 5/20 • 11 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(327) Walking Well at Any Age

Proper gait and walking patterns are the building blocks of maintaining a healthy and active lifestyle at any age. Gait dysfunctions (or walking problems) can often start off very subtle, and it may be difficult to detect posture changes or inefficiencies in your stride that may be causing pain or dysfunction. Physical therapists are movement experts who can help identify gait issues and provide exercises and adjustments to help you have a comfortable and efficient stride. Join us to hear Dr. Kimberly Barcalow explain the importance of maintaining a healthy gait, and the steps (pun intended!) to help you get there.

Class minimum 5 • Class Maximum 30

Instructor: Kimberly Barcalow, PT, DPT

Date & Time: Tuesday, 5/21 • 10 - 11 a.m.

Location: C 129

Price: \$20 for members • \$40 for non-members



(328) Pain-Free Gardening Workshop

With all the crouching, bending and lifting required, gardening can often lead to aches, pains and even injury. But there are ways to enjoy this fun activity without the pain! Join Mindy Bierlein, PT, DPT, to learn how to stay comfortable and pain-free in the garden while reducing your risk of injury. *Class minimum 5 • Class Maximum 30*

Instructor: Mindy Bierlein, PT, DPT

Date & Time: Wednesday, 6/5 • 11 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members



(329) Can I Avoid Knee Surgery?

Knee pain is an incredibly common complaint from people of all ages and often becomes more intense as we age. In some cases knee surgery truly can't be avoided. However, it's important to understand the different types of knee pain and what non-invasive options to consider before pursuing surgery. Join us to learn more from Dr. Mel Svorinic about how to find relief from knee pain. *Class minimum 5 • Class Maximum 30*

Instructor: Mel Svorinic, PT, DPT, OMPT

Date & Time: Wednesday, 6/19 • 11 a.m. - 12 p.m.

Location: C 140

Price: \$20 for members • \$40 for non-members

(330) Living Well with Arthritis of the Hand

Certified Hand Therapist Christine Clements is passionate about helping people age well while maintaining their independence. While arthritis can cause difficulty in other areas of the body, arthritis of the hands can be particularly troublesome, as we use our hands for so many important activities and daily tasks. Join us to hear Christine explain different types of arthritis, and ideas to help you find relief and return to your favorite activities. *Class minimum 5 • Class Maximum 30*

Instructor: Christine Clements, OTRL, CHT

Date & Time: Tuesday, 7/9 • 11 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(331) Smash Therapy

Release stress, anxiety, and frustration through smashing, then create stunning art. This innovative blend of therapy and art offers relaxation and fun for all. Unleash your inner artist, let go of tensions, and leave with peace and creativity! Supplies are provided.

Class minimum 5 • Class Maximum 20

Instructor: Sue Smith

Date & Time: Monday, 7/29 • 1 - 3 p.m.

Location: C 129

Price: \$25 for members • \$45 for non-members



(332) Moving Well at Any Age

It's no secret that as we age, movements that used to be simple can feel more challenging, and in some cases can even cause aches and pain. But understanding movement and how our bodies change through aging can go a long way in helping you stay mobile, flexible, and active at any age. Join us to hear Doctor of Physical Therapy Alicia Heading, PT, DPT share some tips on moving well and adapting to changes as you age. *Class minimum 5 • Class Maximum 30*

Instructor: Alicia Heading, PT, DPT

Date & Time: Tuesday, 8/20 • 11 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

HISTORY

(333) Roman Revolution

Join Professor Christina De Clerck-Szilagy to explore Rome's transition from a Republic to the Empire. Learn about Julius Caesar, Marc Antony, Augustus, and the other famous figures of the era.

Class minimum : 5 • Class Maximum: 30

Instructor: Christina De Clerck-Szilagy

Date and Time: Mondays, 5/6, 5/13, 5/20, 6/3, 6/10 • 10 a.m. - 12 p.m.

Location: C 128

Price: \$40 for members • \$60 for non-members

(334) Exploring the Pacific Theater in WWII with OLLI

Discover the pivotal events and key battles of the Pacific Theater in World War II in this concise OLLI class. Delve into the strategies, notable figures, and lasting impacts of this crucial theater of war. Join us to uncover the untold stories and historical significance of the Pacific Theater in WWII.

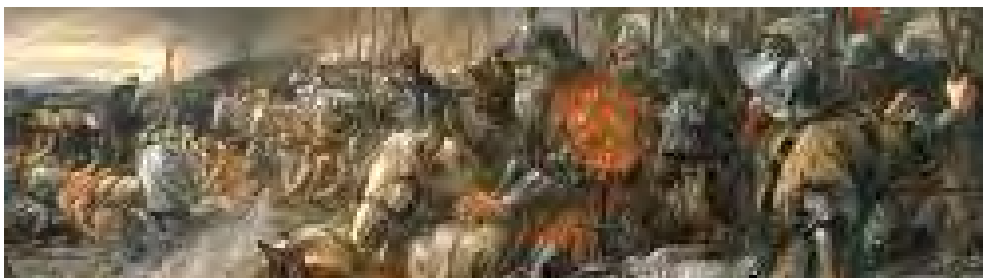
Class minimum: 5 • Class Maximum: 30

Instructor: Jason Szilagyi

Date and Time: Tuesdays, 5/7, 5/14, 5/21, 5/28, 6/4 • 1 - 3 p.m.

Location: C 100

Price: \$40 for members • \$60 for non-members



(335) Dark Age Class

This course will explore the profound transformation marked by the collapse of the Roman world and the transition into the early European era. It delves into the significance of this transition, offering insights into the lived experience of individuals during this pivotal period. We'll examine the extent to which remnants of the Roman world endure in contemporary times, while also questioning the notion of a "Dark Age." What defined this era, and why is it characterized as "dark"? Over four sessions, we'll address these inquiries and shed light on the complexities of the age through engaging videos showcasing its art and historical narratives. Prepare to uncover compelling evidence that challenges conventional perceptions of this epoch. **Class minimum: 5 • Class Maximum: 30**

Instructor: Tom Donahue & Helmut Schick

Date & Time: Tuesday, 5/28, 6/4, 6/11, 6/18 • 10 a.m. - 12 p.m.

Location: C 129

Price: \$35 for members • \$55 for non-members

(336) Special Units of World War II Part 1

In this class we will examine the Units that were created for special assignments. We will look at units from both the Allies and Axis Powers. Each unit has its own unique history, one Unit with a local link. Part II will be offered in the fall session. This class will be taught by Jim Reha an OLLI member and retired teacher.

Instructor: Jim Reha

Date & Time: Mondays, 6/3, 6/10, 6/17, 6/24 • 1 - 3 p.m.

Location: C 140

Price: \$40 for members • \$60 for non-members



(337) OLLI Watch & Discuss: The Pacific Series

Join us for an engaging OLLI series where we watch and discuss episodes from the acclaimed miniseries "The Pacific." Each session offers the opportunity to view an episode followed by a lively discussion. Dive into the gripping portrayal of World War II's Pacific Theater, exploring themes of courage, sacrifice, and camaraderie. Don't miss this chance to delve into history and share insights with fellow OLLI members.

Class minimum: 5 • Class Maximum: 30

Instructor: Jason Szilagyi

Date & Time:

(337a) Tuesdays, 6/4, 6/11, 6/18, 6/25, 7/9, 7/16, 7/23 • 1 - 3 p.m.

(337b) Tuesdays, 7/30, 8/6, 8/13, 8/20, 8/27, 9/3, 9/10 • 1 - 3 p.m.

Location: C 129

Price/session: \$40 for members • \$60 for non-members

(338) Civil War

Join our exploration of the complexities of the Civil War. Dive into its nature and causes: Was it truly a civil war, and was slavery the primary driver? With a toll of 600,000 lives lost, we'll examine global perspectives on this pivotal moment. Scrutinize the war through various lenses, including political and military leaders, and civilian experiences. Special focus on the Battle of Gettysburg's impact. Prepare for engaging discussions, including round table formats for diverse viewpoints. Don't miss this crucial period in American history!

Class minimum: 5 • Class Maximum: 30

Instructor: Dan Marino

Date and Time: Thursdays, 6/6, 6/13, 6/20, 6/27 • 1 - 3 p.m.

Location: C 129

Price: \$35 for members • \$55 for non-members

(339) Mandate Middle East Class, Part 2

Join Professor Jason Szilagyi as he continues to guide us through a captivating exploration of mandate Palestine and the formation of modern Israel. Engage in a thought-provoking discussion on this significant historical topic led by an expert in the field.

Class minimum: 5 • Class Maximum: 30

Instructor: Jason Szilagyi

Date & Time: Thursdays, 7/11, 7/18, 7/25, 8/1 • 1 - 3 p.m.

Location: C 129

Price: \$40 for members • \$60 for non-members

(340) Women in Early America

Join Professor Christina De Clerck-Szilagy in exploring the lives of women in North America from the native tribes to the Early Republic.

Class minimum: 5 • Class Maximum: 30

Instructor: Christina De Clerck-Szilagy

Date & Time: Mondays, 7/29, 8/5, 8/12, 8/19 • 10 a.m. - 12 p.m.

Location: C 129

Price: \$40 for members • \$60 for non-members



LOCAL COMMERCE

(341) Dow Diamond Stadium Tour

Join OLLI for an exclusive behind-the-scenes tour of Dow Diamond in Midland, Michigan! Discover the heart of minor league baseball as we explore the inner workings of this iconic stadium. Get up close and personal with the field, dugouts, and batting cages, and gain insights into the history and operations of the Great Lakes Loons, a Class A affiliate of the Los Angeles Dodgers. Led by knowledgeable guides, this immersive experience offers a unique glimpse into the world of professional baseball, making it a must-see for sports enthusiasts and curious minds alike.

Class minimum: 5 • **Class Maximum:** 20

Date & Time: Friday, 5/3 • 10:30 a.m.

Location: 825 E. Main St, Midland

Price: \$20 for members • \$40 for non-members



(342) Historic Masonic Temple Tour

The 130-year-old Historic Masonic Temple building is an architectural gem in the heart of Bay City. For over 100 years, it served as the home of Joppa Lodge Masons. In 2005, it was purchased by the Bay Arts Council. Today, the building is owned by the Friends of the Historic Masonic Temple, which is dedicated to the mission of preserving and restoring the building while working to establish a community school for the arts.

Class minimum: 5 • **Class Maximum:** 20 for each session.

Instructor: Historic Masonic Temple

Date & Time:

(342a) Monday, 5/20 • 10:30 a.m.

(342b) Wednesday, 5/22 • 10:30 a.m.

Location: 700 N. Madison, Bay City

Price: \$20 for members • \$40 for non-members



(343) Tour of Turner's Blueberry Farm

Experience the charm of Turner's Blueberry Farm in Caro, MI! Learn about cultivation methods, explore the fields, and immerse yourself in the beauty of nature. Whether you're interested in pre-season preparation or the hustle and bustle of business during peak season, this tour promises an enlightening and enjoyable experience for all.

Class minimum: 5 • **Class Maximum:** 20

Instructor: Turner's Blueberry Farm

Date & Time: TBD

Location: 201 Albin Rd, Caro

Price: \$20 for members • \$40 for non-members



(344) Walking Tour of Frankenmuth

Step into the enchanting world of Frankenmuth with OLLI's captivating, guided walking tour. Led by a knowledgeable tour guide, this immersive experience will take you on a journey through the heart of Frankenmuth, passing by iconic landmarks such as Zehnder's, the Bavarian Inn, the quaint Covered Bridge, a glimpse of the lively RiverPlace, the renowned Tiffany's, and the historic Woolen Mill, all while uncovering hidden gems along the way. Whether you're a history buff, an architecture enthusiast, or simply someone eager to explore, this tour promises an unforgettable experience of discovery and delight.

Class minimum: 5 • **Class Maximum:** 20

Instructor: Nathan Seeley

Date & Time: Tuesday, 6/6 • 11:30 a.m. - 12:30 p.m.

Location: Frankenmuth Historical Museum, 613 S. Main St., Frankenmuth,

Price: \$20 for members • \$40 for non-members

(345) Saginaw Art Museum Tour

Join OLLI for an enriching excursion to the Saginaw Art Museum. Delve into a world of creativity and culture as we explore the museum's diverse collection of artwork spanning various styles and periods. Led by knowledgeable guides, this tour offers a unique opportunity to appreciate the beauty and significance of visual arts while gaining insights into the stories behind the masterpieces. Whether you're an art aficionado or simply curious about the world of art, this OLLI tour promises to inspire and captivate. Don't miss out on this unforgettable cultural experience! **Class Maximum:** 30

Instructor: Saginaw Art Museum

Date & Time: Monday, 7/15 • 10 - 11 a.m.

Location: 1126 N Michigan Ave, Saginaw

Price: \$20 for members • \$40 for non-members

(346) Saginaw Water Treatment Plant Tour

Join OLLI for a tour of the Saginaw Water Treatment Plant. Led by an expert guide, participants will embark on a captivating behind-the-scenes journey, unraveling the intricate processes responsible for delivering clean, safe drinking water to the community. This enlightening and educational experience provides a firsthand look at the vital operations sustaining our daily lives. Please note that the facility is not ADA-compliant and features many stairs, so consider this when planning your visit. **Class Maximum:** 20

Instructor: Saginaw Water Treatment Plant

Date & Time: Tuesday, 8/20 • 10:30 - 12 p.m.

Location: 522 Ezra Rust Dr, Saginaw

Price: \$20 for members • \$40 for non-members

MUSIC & DANCE

(347) Learn How to Play a Guitar I

Unleash your musical potential with OLLI's six-week guitar course! No prior experience needed. Learn guitar basics, including anatomy, tuning, strumming, and music theory. Bring your acoustic guitar and a music stand—we have loaners available. Class book and guitar picks included. Don't miss out!

Class Minimum: 7 • **Class Maximum:** 15

Instructor: Monica Borrello

Date & Time: Wednesdays, 5/15, 5/22, 5/29, 6/5, 6/12, 6/19 • 1:30 - 3 p.m.

Location: C 129

Price: \$70 for members • \$90 for non-members



(348) Learn How to Play a Guitar II

Join us for the next step in your guitar journey! This class builds on the fundamentals learned in our previous course. Enhance your technique, music reading skills, and chord study in a group setting. Bring your own acoustic guitar or borrow one from us. Plectrums provided. Get ready to continue your musical adventure!

Prerequisite: Completion of Learn How to Play a Guitar I or approval of instructor.

Class Minimum: 7 • **Class Maximum:** 15

Instructor: Monica Borrello

Location: C 140

Date & Time: Wednesdays, 7/24, 7/31, 8/7, 8/14 • 1:30 - 3 p.m.

Price: \$60 for members • \$80 for non-members



(349) Boogie Nights: OLLI Disco Dance Party

Get ready to groove and shake your OLLI Disco Dance Class! Step back in time to the funky beats of the disco era as we learn iconic dance moves and routines. From the Electric Slide to the Hustle, this class is all about fun, rhythm, and nostalgia. No prior dance experience needed—just bring your enthusiasm and get ready to boogie down!

Disco attire encouraged but not required. Join us for a blast from the past and dance the night away! **This class is included in day trip (24) Disco Fever at the DSO.**

Class Minimum: 5 • **Class Maximum:** 15

Instructor: Megan Carigan and Melanie Kratz

Location: C 181

Date & Time: Wednesday, 5/8 • 1:30 - 3 p.m.

Price: \$20 for members • \$40 for non-members

(350) The Beat Goes On: Adult Tap Dance Workshop

Discover the joy of tap dancing! Whether you're a seasoned tapper or fulfilling a lifelong dream, this course welcomes beginners to advanced dancers. Over four weeks, we'll cover warm-ups, combinations, and even learn a routine. No pressure—dance at your own pace. Wear comfy clothes and bring tap shoes or soft-soled footwear. Join us and unleash your inner dancer! **Class Minimum:** 5 • **Class Maximum:** 10

Instructor: Melanie Kratz

Date & Time: Wednesdays, 5/15, 5/22, 5/29, 6/5 • 2 - 3 p.m.

Location: C 181

Price: \$40 for members • \$60 for non-members

(351) Dancing Duos: OLLI Couples Dance Workshop

Join our four-week ballroom dance course to elevate your skills! Perfect for beginners or those refining technique, covering basic movement, couples' coordination, waltz, swing, and more. No partner needed—wear comfy clothes and soft-soled shoes. Get ready to dance with style!

Class Minimum: 5 • **Class Maximum:** 10

Instructor: Megan Carigan and Melanie Kratz

Date & Time: Wednesdays, 5/15, 5/22, 5/29, 6/5 • 4 - 5 p.m.

Location: C 181

Price: \$40 for members • \$60 for non-members

OLLI in the EVENING

(352) Pasta Making at Prost!

Join OLLI at Prost in Bay City for a pasta making class like no other! Craft your own pasta and select your preferred sauce, expertly prepared by our chef. Indulge in a tantalizing charcuterie board, accompanied by a glass of tap wine, and learn to craft the perfect Aperol Spritz. Embark on a culinary adventure where you're the chef, and savor every moment!

Class Minimum: 6 per session • **Class Maximum:** 10 per session

Instructor: Prost!

Date & Time:

(352a) Wednesday, 5/29 • 4 - 6 p.m.

(352b) Wednesday, 5/29 • 6 - 8 p.m.

Location: 283 Uptown Dr. Bay City

Price: \$95 for members and non-members

(353) OLLI's Night Out: Discovering the USS Edson at Dusk

Embark on an unforgettable journey through history with OLLI's exclusive tour of the USS Edson. Explore the rich heritage of naval exploration and innovation as you step aboard this iconic vessel. Delve into its intricate workings, from mighty engines to formidable weaponry. Envision the brave souls who once called this ship home and learn about its pivotal role in safeguarding our nation's freedom. After the tour, enjoy a delicious BBQ dinner and refreshing beverages, surrounded by camaraderie and adventure. Join OLLI for this remarkable maritime experience!

Class Minimum: 10 • **Class Maximum:** 35

Instructor: Jim Reha

Date & Time: Monday, 6/3 • 5:30 - 7 p.m.

Location: 1680 Martin St. Bay City

Price: \$45 for members and non-members

(354) Sushi Symphony: Master the Art of Sushi Rolling

Embark on a delectable journey with OLLI as we explore the intricate art of sushi making led by the esteemed Chef Craig Fiebke of Fusion 1 Cafe. Get ready for an enthralling culinary adventure where you'll unravel the mysteries of Japanese cuisine, honing your skills in the craft of sushi creation. Dive into a world of vibrant flavors and meticulous techniques as you create your own sushi masterpieces under Chef Craig. Join OLLI for an unforgettable culinary escapade and discover the sheer delight of sushi making with Fusion 1 Cafe.

Class Minimum: 10 • **Class Maximum:** 15

Instructor: Chef Craig Fiebke of Fusion 1 Cafe

Date & Time: Monday, 7/15 • 5:30 - 7 p.m.

Location: 813 Saginaw St. Bay City

Price: \$55 for members and non-members

(355) Wine, Wisdom, and OLLI: An Evening at St. Julian Winery

Join OLLI for a delightful evening at St. Julian Winery in Frankenmuth! After an enlightening Monthly Meeting presentation by Vice President Nancie Oxley, indulge in an exquisite wine tasting experience featuring St. Julian's renowned offerings. Savor the flavors of Michigan's winemaking heritage while enjoying a delectable Mexican dinner. Raise your glass to friendship, discovery, and unforgettable moments in good company. Cheers to a night of enjoyment and companionship!

Class Minimum: 10 • Class Maximum: 15

Instructor: St. Julian Winery & Distillery - Tasting Room

Date & Time: Monday, 8/19 • 5 - 7 p.m.

Location: 127 S Main St, Frankenmuth

Price: \$45 for members and non-members

OLLI BOOK CLUB

Join OLLI for monthly book discussions! Explore captivating reads, connect with fellow book lovers, and dive into themes, characters, and ideas.

(356) *The Keeper of Happy Endings* by Barbara Davis

A heartwarming tale of Sage, who inherits her grandmother's bookstore. Delve into secrets, love, forgiveness, and the magic of storytelling. Experience the joy of books and the resilience of the human spirit.

(357) *The Women* by Kristen Hannah

A gripping novel spanning three generations of women, navigating struggles, sacrifices, and resilience. Set against World War II and its aftermath, this poignant story explores love, friendship, and family bonds. Experience the power of hope and courage with these remarkable women.

(358) *Before We Were Yours: A Novel* by Lisa Wingate

A gripping historical novel intertwining the lives of Rill Foss, a young girl in the 1930s, and present-day lawyer Avery Stafford. Set against the backdrop of the Tennessee Children's Home Society, the story delves into family secrets and resilience across generations.

(359) *The Lost Bookshop* by Evie Woods

Discover a magical journey in Dublin as three strangers stumble upon a vanishing bookshop. Opaline, Martha, and Henry's lives take an extraordinary turn as they unlock the secrets of the shelves, transporting them to a world where nothing is as it seems.

Class Minimum: 5 • Class Maximum: 25

Instructor: Heather O'Hearn, OLLI Manager

Date and Time:

(356) *The Keeper of Happy Endings Discussion*: Monday, 5/13 • 2:30 - 4 p.m.

(357) *The Women Discussion*: Monday, 6/17 • 2:30 - 4 p.m.

(358) *Before We Were Yours: A Novel Discussion*: Monday, 7/22 • 2:30 - 4 p.m.

(359) *The Lost Bookshop Discussion*: Monday, 8/26 • 2:30 - 4 p.m.

Location: C 129 (7/22 will be in C 140)

Price: \$20 per session for members • \$40 per session for non-members

The price per session includes the cost of the book, as well as coffee and tea available for discussions. You will be contacted when books are available to be picked up in the OLLI office.

ORIENTATION

(360) New Member Orientation

Discover OLLI! Whether you're a new member or a veteran seeking a refresher, join us to explore the inner workings of SVSU OLLI. Meet our dedicated staff who will provide an overview of our organization, including details about our diverse classes and exciting trips.

Instructor: Heather O'Hearn

Date & Time: Thursday, 5/2 • 12 - 1 p.m.

Location: C 129

Price: Free for members • \$40 for non-members (includes an OLLI membership)

(361) OLLI Travel Orientation

Ready to explore group travel with OLLI? Join us for an informative session where you'll learn about the perks of traveling in a group, how to sign up for day trips and longer excursions, and essential tips for planning your adventure. Discover the benefits of traveling with OLLI, from vibrant cityscapes to tranquil landscapes.

Instructor: Shelley Wegner

Date & Time: Thursday, 5/2 • 1:30 - 2:30 p.m.

Location: C 129

Price: Free for members • \$40 for non-members (includes an OLLI membership)



NATURE

(362) Spring Birding Walk

Embark on a delightful journey through nature's symphony with the Spring Birding Walk at Bay City State Park. As the seasons shift and the landscape bursts into life, join fellow OLLI birding enthusiasts for an immersive experience in the park's diverse habitats. Every moment offers a chance to connect with the beauty and tranquility of the natural world. Whether you're a seasoned birder or a curious beginner, the Spring Birding Walk promises unforgettable encounters with Michigan's avian wonders against the breathtaking backdrop of Bay City State Park

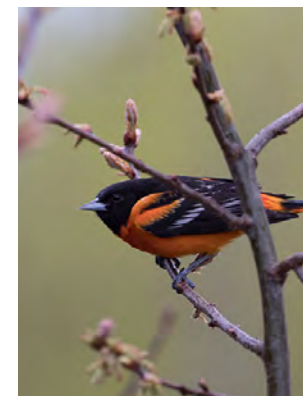
Class minimum 5 • Class Maximum 15

Instructor: Jeanne Henderson

Date & Time: Tuesday, 5/14 • 9 - 11 a.m.

Location: 3582 State Park Dr, Bay City

Price: \$20 for members • \$40 for non-members



SCIENCE & MATH

(363) Greek Mythology and Astronomical Constellations

Explore Greek constellations, listed by astronomer Claudius Ptolemy in the second century CE. Join us at the Delta College Planetarium for the film *From Earth To The Universe*, featuring a tour of the universe. Afterward, we'll discuss Greek mythology-inspired constellations and have the chance to touch a meteorite. Don't miss this opportunity to learn about the cosmos and explore downtown Bay City's history!

Class Minimum: 5 • Class Maximum: 50

Instructor: Dave Bontekoe, Planetarium Show Specialist

Date & Time: Monday, 7/15 • 1 - 3 p.m.

Location: Delta College Planetarium, 100 Center Ave, Bay City

Price: \$20 for members • \$40 for non-members

(364) Mysteries of the Great Lakes

All across the Great Lakes Basin, there is a renewed interest in the health of the lakes, and an increased awareness of the importance of this fresh water resource to the social and economic vitality of North America. This is a dramatic journey through some of the most spectacular scenery in the world.

Class Minimum: 5 • Class Maximum: 50

Instructor: Mike Murray, Astronomer and Planetarium Manager

Date & Time: Wednesday, 8/21 • 11 a.m. - 1 p.m.

Location: Delta College Planetarium, 100 Center Ave, Bay City

Price: \$20 for members • \$40 for non-members

TECHNOLOGY

(365) Introduction to Computers

Discover the world of computers and tech advancements. From laptop basics to AI, this course opens doors to digital possibilities. *Class Minimum: 5 • Class Maximum: 15*

Instructor: Gary Holik

Date & Time: Monday, 5/6 • 6 - 9 p.m.

Location: C 141

Price: \$20 for members • \$40 for non-members

(366) Tech Tuesday - Cybersecurity for Seniors

Introducing cybersecurity best practices, including password management, recognizing phishing attempts, and protecting personal information online. *Class Maximum: 20*

Instructor: Kelley Gray

Date & Time: Tuesday, 5/7 • 1 - 3 p.m.

Location: C 140

Price: Free for members

(367) Internet Safety and Cybersecurity

With a focus on practical strategies and real-world examples, participants will learn how to protect their personal information, secure their devices, and recognize and respond to cyber threats effectively. *Class Maximum: 20*

Instructor: Gary Holik

Date & Time: Monday, 5/13 • 6 - 9 p.m.

Location: C 141

Price: Free for members

(368) Smart Phone Basics

In this engaging and interactive course, participants will explore the fundamental features and functions of smartphones, including navigating the user interface, managing apps, and utilizing key settings. From making calls and sending messages to capturing photos and accessing the internet, we'll cover everything you need to know to confidently wield your smartphone as a versatile tool for communication, productivity, and entertainment.

Class Minimum: 5 • Class Maximum: 12

Instructor: Gary Holik

Date & Time: Wednesdays, 5/22, 5/29 • 6 - 9 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(369) Online Shopping and Banking

Embark on a journey into the world of online commerce and banking! Participants will learn how to harness the convenience and efficiency of online shopping. From finding the best deals and comparing prices to making secure transactions and protecting personal information, we'll cover everything you need to know to shop safely and smartly in the digital age. *Class Minimum: 5 • Class Maximum: 12*

Instructor: Gary Holik

Date & Time: Wednesday, 6/5 • 6 - 9 p.m.

Location: C 141

Price: \$20 for members • \$40 for non-members

(370) Tech Tuesday - Digital Music and/or Podcasting

Explore the dynamic world of digital music and podcasting in this engaging class. Learn how to create, edit, and share your own music and podcasts using modern digital tools and platforms. Join OLLI to unleash your creativity and express yourself through the power of audio in the digital age. *Class Minimum: 5 • Class Maximum: 12*

Instructor: Kelley Gray

Date & Time: Tuesday, 6/11 • 1 - 3 p.m.

Location: C 140

Price: Free for members

(371) Introduction to Video Calling

Unlock the power of seamless video communication. Learn to navigate Teams and Zoom interfaces, customize settings, and troubleshoot issues for productive remote collaboration.

Join OLLI and enhance your remote connectivity skills effortlessly. *Class Maximum: 12*

Instructor: Gary Holik

Date & Time: Monday, 6/17 • 6 - 9 p.m.

Location: C 141

Price: \$20 for members • \$40 for non-members

(372) The Rise of AI (Artificial Intelligence)

We are on the verge of the most significant technological breakthrough since the onset of the internet in the 1990s. There are great benefits for those who embrace the technology and dangers from its abuse and misuse. Our class discussions will explore the implications of new technology for each of us. *Class Maximum: 20*

Instructor: Kelley Gray

Date & Time: Tuesday, 6/25 • 1 - 3 p.m.

Location: C 140

Price: \$20 for members • \$40 for non-members

(373) Cutting the Cord

With television cable bills becoming increasingly expensive, more people are “cutting the cord” by getting rid of cable. In this class you will learn about its replacement, streaming and how to get the most out of these services while also reducing your monthly bills.

Class Maximum: 12

Instructor: Gary Holik

Date & Time: Monday, 7/22 • 6 - 9 p.m.

Location: C 141

Price: \$20 for members • \$40 for non-members

(374) Tech Tuesday - Ring Doorbell

Unlock the potential of your Ring Doorbell with Larry Emmons, retired SVSU technology director. Learn tips, smartphone integration, and privacy considerations to enhance home security. Join OLLI to empower your home protection with Ring Doorbell technology.

Instructor: Larry Emmons

Date & Time: Tuesday, 7/30 • 1 - 3 p.m.

Location: C 140

Price: Free for members

(375) Understanding Current TV Streaming Services

There are so many options today for TV streaming services. If you're confused or just want to learn more about what is available, join this session to investigate the many different streaming services available. We'll look at costs and the channels available with the services.

We will also explore options if you don't have a Smart TV. *Class Maximum: 20*

Instructor: Kelley Gray

Date & Time: Tuesday, 8/6 • 1 - 3 p.m.

Location: C 140

Price: \$20 for members • \$40 for non-members

(376) Introduction to Microsoft Office

Unlock the full potential of Microsoft Office with our comprehensive introductory course tailored for OLLI members. Whether you're a novice seeking to enhance your digital skills or looking to streamline your productivity workflow, this class offers a supportive environment to explore the core features and functions of the Microsoft Office suite. *Class Maximum: 12*

Instructor: Gary Holik

Date & Time:

(376a) Microsoft Excel: Tuesday, 8/6 • 6 - 9 p.m.

(376b) Microsoft Word: Monday, 8/12 • 6 - 9 p.m.

(376c) Microsoft PowerPoint: Tuesday, 8/13 • 6 - 9 p.m.

Location: C 141

Price: \$20 per session for members • \$40 per session for non-members

TRAVEL & ADVENTURE

(312) Healthy Traveler

Enhance your travel adventures with our meticulously crafted walking fitness course. Refine walking techniques, build conditioning, and boost stamina. Enroll now and get ready to embark on your next journey with confidence!

Instructor: Katherine Resseguie

Date & Time: Tuesdays & Thursdays, 5/7, 5/9, 5/14, 5/16, 5/21, 5/23, 5/28, 5/30, 6/4, 6/6, 6/11, 6/13, 6/18, 6/20, 6/25, 6/27, 7/9, 7/11, 7/16, 7/18, 7/23, 7/25, 7/30, 8/1, 8/6, 8/8, 8/13, 8/15, 8/20, 8/22, 8/29 • 8:00 - 9:45 a.m.

Location: Ryder Fitness Center Track

Price: \$30 for members • \$50 for non-members

(If registered for an OLLI multiple day trip in 2024 or 2025, fee is waived; call the OLLI office to register).

(377) Pack your Bags

This class will discuss everything from packing lists, packing cubes, luggage, carry-ons, tech gear, travel documents, travel apps, roll vs. fold, as well as a variety of travel tips.

Class Minimum: 5 • **Class Maximum:** 20

Instructor: Susan Zazo, Travel Expert

Date & Time: Tuesday, 7/22 • 10:00 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(363) Greek Mythology and Astronomical Constellations

For description, see Page 13. Those registered for the Greece Trip with OLLI can attend at not charge. Please register with the OLLI office.

Instructor: Dave Bontekoe, Planetarium Show Specialist

Date & Time: Monday, 7/15 • 1 - 3 p.m.

Location: Delta College Planetarium, 100 Center Ave, Bay City

Price: \$20 for members • \$20 for non-members

OLLI Travel Book Club

This travel-themed book club allows the participants to learn through the selected readings, discuss them together, and arrive at their destination already better educated about the places they will explore in person. It merges armchair literature experiences with actual travel experiences.

(378a) Grand Baltic Sea Voyage: *Lilac Girls*

This book discussion will be led by OLLI member and avid traveler, Chris Pahssen-Noble. A powerful novel inspired by the real-life story of a World War II heroine. This book follows the intertwining lives of three women impacted by the war's atrocities. Their stories span from New York to Paris, Germany and Poland as they fight to bring justice to those the history has forgotten, like the victims of Ravensbrück's heinous crimes. Author Martha Hall Kelly crafts a remarkable tale of love, redemption, and long-buried secrets through the voices of these unsung women seeking freedom and second chances during one of history's darkest chapters.

(378b) Spain & Portugal: España: A Brief History of Spain by Giles Tremlett.

Book discussion will be hosted by OLLI member and world traveler Allan Thiele. A concise overview of Spain's rich and complex history. From its ancient origins to modern times, Tremlett provides insight into the cultural, political, and social developments that have shaped the nation. This engaging narrative captures the essence of Spain's journey, making it an essential read for anyone seeking to understand the country's past and its influence on the present.

(378a) Lilac Girls Discussion With Chris Pahssen-Noble: Tuesday, 8/13 • 10 a.m. - 12 p.m.

(378b) España: A Brief History of Spain Discussion with Allan Thiele:

Tuesday, 10/1 • 1 - 3 p.m.

Location: C 129

Price: \$15 for members per session • \$25 for non-members per session

VOLUNTEER

(379) Volunteer at a Loon's Game

Support OLLI at SVSU by volunteering at the concession stands during Loons baseball games! Your involvement not only adds to the excitement of the event but also helps raise funds for OLLI programs and initiatives. Join us in making a meaningful impact while enjoying the thrilling atmosphere of the game!

Volunteer minimum: 5 per date

Volunteer maximum 15 per date.

Dates & Times:

(379a) Wednesday, 5/8 • 6 - 8 p.m.

(379b) Thursday, 5/9 • 6 - 8 p.m.

(379c) Wednesday, 7/10 • 7 - 9 p.m.

Location: Dow Diamond



REGISTRATION FORM

REGISTRANT #1

Name _____

Address _____

City _____ State ZIP _____

Email/Phone _____

Class #	Class / Trip Title	Fee
Membership - \$40 <input type="checkbox"/> New <input type="checkbox"/> Renewal		
Total		

I agree to the OLLI waiver, which can be found at svsu.edu/olli.

METHOD OF PAYMENT

Check Enclosed (payable to SVSU)
Mail to: OLLI at SVSU • 7400 Bay Road • University Center MI 48710

Charge to: Visa American Express MasterCard Discover
To register by phone with credit card, call (989) 964-4475
Online registration available at svsu.edu/olli

Card Number _____ Expiration Date _____

Name on Card _____ 3-Digit CVS Code _____

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7400 Bay Road
University Center MI 48710

How to Register

- **Online**

You may register online by visiting svsu.edu/olli. You must first create a profile and then you can register as a member or non-member. If you wish to purchase a membership to receive the member rate, make sure you select and purchase the membership **BEFORE** you purchase a class or trip.

- **By Telephone**

Call the OLLI office Monday through Friday from 8 a.m. to 4:30 p.m. at (989) 964-4475.

- **In Person**

Stop by the OLLI office in room 201 in Curtiss Hall during business hours with your completed registration form.

- **By Mail**

Complete the registration form and mail it to the address on the form. Mail-in registrations will be processed **AFTER** registration opens on an as-possible basis.



Spring Summer
2024

DAY TRIPS & CLASSES

FOR ADULTS 50+

Registration begins

Tuesday, April 23 at 8:30 a.m.
[SVSU.EDU/OLLI](https://svsu.edu/olli) | 989.964.4475